

Keynote and Workshop Speakers



Uma Naidoo, MD

Michelin-starred chef David Bouley described Dr. Uma Naidoo as the world's first "triple threat" in the food and medicine space: a Harvard trained psychiatrist, Professional Chef graduating with her culinary schools' most coveted award, and a trained Nutrition Specialist. Her niche work is in Nutritional Psychiatry and she is regarded both nationally and internationally as a medical pioneer in this nascent field.

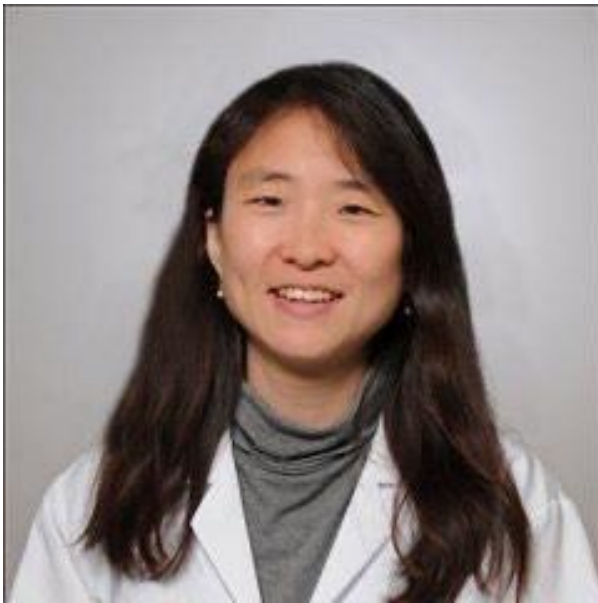
Dr. Naidoo founded and directs the first hospital-based Nutritional Psychiatry Service in the United States. She is the Director of Nutritional and Lifestyle Psychiatry at Massachusetts General Hospital (MGH) & Director of Nutritional Psychiatry at MGH Academy while serving on the faculty at Harvard Medical School.

She was considered Harvard's Mood-Food expert and has been featured in the Wall Street Journal. Dr. Uma Naidoo is author of "This is Your Brain on Food" (Little, Brown, Spark).



Bryant Lin, MD

Dr. Bryant Lin is Clinical Associate Professor of Medicine (Primary Care and Population Health) at Stanford University. At Stanford, Dr. Lin serves as Co-Director and Co-Founder of the Center for Asian Health Research and Education (CARE), supporting research, education, and clinical care centered around Asian and Asian American health. He also serves as Training Director at the Stanford DECIDE Center, which focuses on improving patient outcomes through atrial fibrillation research. Dr. Lin also founded and served as Medical Director of the Stanford Consultative Medicine Clinic, a diagnostic clinic helping patients with complex symptoms who were unable to obtain a clear prior diagnosis. Dr. Lin is involved in the medical device development and digital health spaces, holding several patents and creating multiple medical start-ups. He received his MD from Tufts University and holds a Master's degree in electrical engineering from MIT.



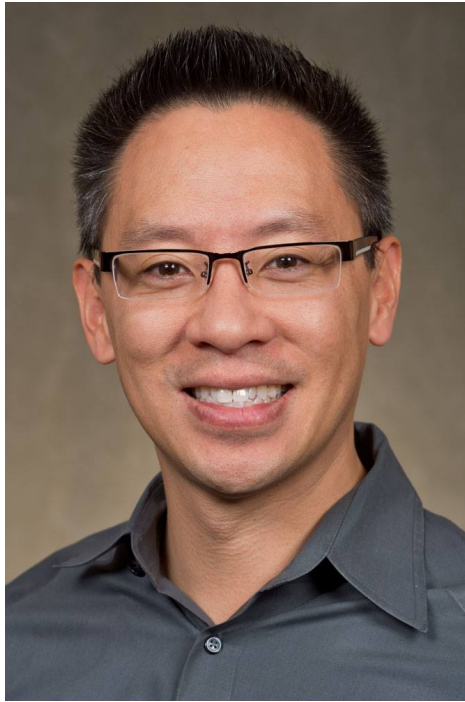
Elisa Choi, MD, FACP, FIDSA

Dr. Choi is the current Governor of the Massachusetts Chapter of the American College of Physicians (ACP). She was recently elected as the Chair-Elect of the Board of Governors of ACP. Dr. Choi is the first woman, and only Asian American female, to serve as Governor in the history of the MA ACP Chapter. She is also the only Asian American woman to be elected the ACP Board of Governors Chair-Elect. Dr. Choi is Board Certified in Internal Medicine and Infectious Diseases, and practices both as an Internist and as an Infectious Disease, HIV, and Hepatitis infection specialist. She has achieved Fellowship in the American College of Physicians and in the Infectious Disease Society of America. Dr. Choi has a particular interest in healthcare disparities, and in providing culturally competent care of health issues affecting Asian-Pacific Islander and minority populations. She has published articles, has written book chapters, and has been invited to lecture regionally and nationally on various Infectious Disease, HIV, and healthcare and health policy topics. Dr. Choi has been on the faculty at Harvard Medical School for many years, and teaches and precepts medical students and resident physicians. She is the Chief of the Internal Medicine department in her practice. Dr. Choi is also the Co-Chair Emeritus of the Health and Public Policy Committee of the Massachusetts ACP Chapter and remains an active member of this committee. She has extensive experience in healthcare and public health advocacy efforts at Capitol Hill, Washington, DC, for a number of years, and has also been actively involved in the planning and organization of an annual Advocacy Day at the MA State House for the MA ACP Chapter since 2016. Dr. Choi has received the MA ACP Chapter's Leadership Award in 2014, and serves on numerous national ACP committees. In addition to her professional efforts, Dr. Choi has been active in the Asian American & Pacific Islander (AAPI) community for many years, through her involvement as a Board member, Board Secretary/Clerk, Board Chair, and current role as Board Chair Emeritus of MAP (Massachusetts Asian & Pacific Islanders) for Health, a community-based nonprofit organization that works to improve healthcare access, disease prevention, and service delivery for the Asian & Pacific Islander (API) community in Massachusetts. She also serves on the Board of numerous other non-profit organizations (ATASK – Asian Task Force Against Domestic Violence; NAAAP Boston – National Association of Asian American Professionals, Boston Chapter), which support the AAPI communities of MA in various ways. Dr. Choi is also an invited Advisory member of various regional and national healthcare related panels and committees. She was appointed as a Commissioner to the Asian American Commission (AAC) of the Commonwealth of MA in 2013, and served on the AAC for 6 years, including as Vice Chair and then Chair of the AAC. Dr. Choi was awarded the "Unsung Hero Award" at the 2019 Asian Americans and Pacific Islanders Civil Rights Forum.



Ronesh Sinha, MD

Dr. Ronesh Sinha, an internal medicine physician in Silicon Valley for the Palo Alto Medical Foundation and author of [The South Asian Health Solution](#), designs successful health education and wellness programs for major Silicon Valley companies. His groundbreaking work in reversing diabetes in culturally diverse populations has received global attention with front cover stories in [Fortune Magazine](#) and the [LA Times](#), and earned him the *Silicon Valley Business Journal's Excellence in Healthcare award*. Dr. Sinha blogs actively on health at [culturalhealthsolutions.com](#). He is passionate about developing innovative, culturally tailored solutions to help diverse populations lead healthier lives.



Ho Chie Tsai, MD

Ho Chie Tsai, MD is a board-certified pediatrician at the UCSF Benioff Children's Hospital, Oakland, which serves an ethnically diverse and mostly under-privileged patient population. He is more popularly known as the founder of TaiwaneseAmerican.org, a non-profit organization and website whose mission is to connect and highlight the next generation of Taiwanese America. He has spent most of his life working to build organizations and networks that serve the Asian and Taiwanese American communities. A popular speaker among youth audiences, his personal mission is to inspire young people to discover their values and passions so that they can make a positive impact in this world. He is currently the board president of the Taiwanese American Foundation and a past founder of Taiwanese American Professionals in San Francisco. He has been involved with the Intercollegiate Taiwanese American Students Association since its formation in the early 1990's and remains a frequent speaker for their regional conferences. While a medical student, he served as president of the University of Illinois at Chicago's APAMSA chapter. In 2012, Ho Chie Tsai was recognized with the Outstanding Asian American Alumni Award from his collegiate alma mater, the University of Illinois at Urbana-Champaign, for his influential community-organizing work, which ultimately led to the establishment of both as Asian American Studies Department and Cultural Center. He holds a Bachelor's degree in Electrical Engineering and a Master's degree in Biomedical Engineering.



Esther Choo, MD, MPH

Esther Choo, MD MPH is a Professor in the Center for Policy and Research in Emergency Medicine and the Director of Recruitment, Equity & Inclusion at Oregon Health & Science University. She is a practicing physician and NIH-funded investigator, with expertise in drug policy, injury, emergency health services, and health disparities. She is cofounder of Equity Quotient, a company that provides metrics of healthcare culture; a founding member of TIME'S UP Healthcare, which advocates for safety and equity in the workplace; and a board member of the TIME'S UP Foundation. She is a popular science communicator and health equity advocate, a columnist on healthcare inequities for The Lancet, and a CNN medical analyst. Her work in the pandemic has included helping found GetUsPPE.org, which matches frontline workers to PPE supply, and advising Jupe, which builds portable emergency housing units for disaster relief.